



# **Spring Camp 2024**

## **Information and Registration**



**Please read and complete then submit to  
the CELCs or the Heritage Department**

**Deadline for Registration:  
Friday, April 12, 2024**

**Mähsi Cho!**

**If you have any questions or comments please contact:**

**Sharon Vittrekwa, Cultural Education Coordinator**  
**[sharon.vittrekwa@trondek.ca](mailto:sharon.vittrekwa@trondek.ca) 867-993-7100 ext 185**



| <b>At A Glance</b> |  |
|--------------------|--|
| What?              | <b>Join us at Nänkäk Ch'eholay (Land of Plenty) for a trip to explore traditional culture teachings, traditional fire pit cooking/stories, arts, crafts, games and exploring the area.</b> |
| When?              | <b>April 19-21, 2024</b>   |
| Who?               | <b>TH Elders, families, Citizens, and youth. Please note for youth ages 12-18, we can take a maximum of 12.</b>  |
| Where?             | <b>Nänkäk Ch'eholay, Land of Plenty (North Fork) at KM 31 on the Dempster Highway</b>  |
| Why?               | <b>Winter in Dawson is dark and can be hard to get through, join us for a fun weekend away to learn some new skills and experiences!</b>   |

**Points to Remember. . . (Important things to know)**

- ✓ You must attend the orientation meeting.
- ✓ Good gear is important. It is winter so make sure to pack warm clothes.
- ✓ You must have the registration form handed in by the deadline.
- ✓ Please pack a lunch or snack for the trip to camp.

**Detailed description of the event or camp!**

This event is to facilitate youth, elders, citizens, family getting out onto the land to enjoy fun and relaxing time. We want to explore traditional cultural teachings, skills, traditional fire pit cooking and stories, sewing and activities (beading, rabbit snaring, snowshoeing, archery, games, hand games, etc).

**Dates of the Event!**

**April 19-21, 2024.** We will be leaving town Friday morning and returning Sunday evening.

**Will there be a gear check happening? This allows organizers time to meet with the youth, check if they are missing anything and go over rules and expectations of them while attending your event.**

**Who is this camp for?**

This camp is for TH families, Elders, Citizens, and TH Youth camp is available to all youth ages 12-18. There is a limit of 12 youth for this event. It is first come, first serve, so please keep that in mind when filling out your form.

**Where is all of this happening?**

This event is to take place at Nänkäk Ch'eholay (Land of Plenty) on North Fork at KM 31 on the Dempster highway.

**What activities are planned?**

We will be spending some time outdoors. We will have the traditional fire pit area available to favorite traditional foods. We also encourage participants to bring something



to work on, whether it be beading or sewing, or a project you are working on!

### **What are the expectations?**

Your spirit of adventure, teamwork in learning **Tr'èdude (Living in a good way (respecting those values, the land, and all living things))** gaining valuable traditional knowledge, survival skills and new and exciting skills.

Youth are expected to attend and participate in all teachings, activities, and talks. We are living in a team setting; therefore, everyone's actions will have either a positive or negative effect on the team, also **abiding and respecting the curfews.**

Youth are under the care of the staff, supervisors, and hunters, and must listen carefully when being given guidance. Youth are required to be flexible when it comes to the schedule. **Your attention is to be focused on values, such as good listening skills. Be respectful, and always on the alert when in a camp setting!**

We all need to keep the camp clean and safe, which requires everyone to help at this camp, which includes helping with cooking, dishes, chopping wood, etc.

### **What about safety?**

Safety is the number one priority of all camp participants and supervisors. To ensure this we have taken the following precautions:

1. High staff/supervisor to youth ratio
2. Staff/supervisors in sleeping areas with youth at night.
3. Satellite Phone (in Reach) at camp for emergency use
4. A truck will be stationed at camp for the duration of the camp.
5. Zero tolerance for bullying and swearing.
6. At least one medical personnel on site 24 hours. Dawson Ambulance Attendants are notified of the camp and will be ready for any emergency calls.
7. Knowledgeable staff/supervisors who have experience working with youth.
8. Camp orientation on the first day of camp for all participants.

Staff are experienced and qualified to work with youth and have gone through an RCMP criminal records check; Staff are experienced and knowledgeable about safety in the bush.

In case of emergency, we will have radio phones and satellite phones to call to notify medical services and families immediately and steps will be taken to ensure adequate medical care is provided to youth. An emergency vehicle is available 24hrs a day. Staff have wilderness and/or first aid training. Vehicles will travel in groups of at least two to ensure safety. Activities taking place away from the highway will have a snow machine or ATV with them for emergencies.

Each participant is required to sign a **Positive Behavior Contract**. Please read it over and ensure your child understands it before signing. Youth caught using substances, including tobacco, vapor, or whose behavior has become a danger to themselves or others, will be removed from the camp. Removal will result in disciplinary action and may prevent youth from participating in further Tr'ondëk Hwëch'in camps or activities.



Parents will be responsible for transporting their child home.

### **Living arrangements**

There are two large cabins that the youth will be staying in, one for the male youth and one for the female youth. There are woodstoves to heat each cabin, where there will be an experienced staff in the cabin to ensure safety. There is also a separate cook house, and a mess hall, where everyone eats, separate cabins for elders and support workers.

**If your child has any specific dietary requirements, please note down on the health form (i.e. allergies, lactose intolerance).**

### **Skidoo and ATV use**

TH policy does not allow for the use of skidoos', or ATVs' without the proper training and insurance. There will be snow machines on site for safety. These are also not available for youth to use.

### **Health**

If youth require any medication, please ensure to make note of that on the medical form as well as, personally, give to a staff member and/or supervisor before departure. Label medication clearly including what it is, the dosage and frequency. We are not permitted to administer, any over the counter medication to youth. In the event where medication is required that the youth does not have with them, parents will be contacted, immediately and appropriate measures will be taken.

There are no shower facilities Land of Plenty, so it is important that the youth use the wash station provided when handling the meat.

It is important that youth can fully participate in all activities in camp, so if there are any pre-camp injuries that prevent them from fully participating in all activities. The staff and/or supervisors will have to assess the situation to decide if the youth will be able to attend the camp.

### **What do Youth need to bring?**

**\*The items below are not suggested, they are mandatory, if youth fail to bring any of the following items, their experience at the Spring Camp could be adversely affected (i.e. forgetting warm boots = cold feet).**

**\*\*MP3, iPod, radios, game boys, cell phones and all other electronics are to be left in the cabins or with a supervisor while there are required scheduled activities happening. Tr'ondëk Hwëch'in will not be liable for any damage or loss of electronics during the camp. While, on the land, you don't listen to music because your attention needs to be focused on listening to your supervisors and being present.**

**\*\*\* Parents and/or guardians, please label everything! Lost and found can be picked up at the TH Heritage office or at the TH Education office!**



### Tips for dressing for the outdoors

- ✓ Layers! Warm air gets trapped between layers of clothes, keeping you nice and warm. If the temperature fluctuates it's easy to add or take away a layer
- ✓ Those fancy fabrics that 'wick away' perspiration are great if you already have them. But here's a hint: any material that has NO COTTON in it will do this (nylon, wool, silk, fleece)
- ✓ Don't even think of running shoes or slip-ons. Cold feet will lead to a miserable trip. Wear Warm Sturdy Boots!
- ✓ You lose 80% of your body heat through the top of your head. Keep a HAT on it!

### Orientation/Equipment Check Day

Youth registered in the camp are required to bring the supplies listed below that are necessary for attending the camp. Your gear will be checked before you head to camp. A draft schedule will be provided to youth and parents during orientation.

### Mandatory Gear to Bring . . . **PUT YOUR NAME ON EVERYTHING!**

- Cold weather Sleeping bag.
- Foamy/cot (TH does have some cots for using), please let us know if you require on.
- Personal Toiletries – toothpaste, toothbrush, medication, etc. There are no showers here.
- Headlamp or Flashlight + extra batteries
- Potlatch bag (Mess kit) – a bag of unbreakable dishes, cutlery and cup
- Travel mug or thermos for hot drinks
- Water bottle for water or juice
- Personal First Aid Kit
- Day pack – very important
- Knife and Sharpener
- Whistle, **in case of emergency**
- Clothing: be sure to have spare clothing if your clothing gets wet from being outside
  - Several pairs of heavy socks for each day
  - Long Johns/Turtle neck
  - Warm Fleece Pant and Sweaters
  - Something warm to sleep in
  - Snow Pants and Jacket
  - Sturdy warm boots and/or spare liners
  - A pair of indoor shoes/slippers
  - Neck warmer / scarf
  - Mitts, liners, and spares
  - Toque
  - Work gloves



*All information provided on this form is confidential*

## **Informed Consent Agreement**

I, the undersigned, hereby acknowledge that certain risks of injury are inherent to participation in recreation and sport activities, including **Spring Camp, April 19 - 21, 2024.** I understand that certain activities require a minimum level of fitness and health (physical, mental, emotional, and spiritual) and that each person has a different capacity for participating in these activities. I hereby warrant myself; my son or daughter is fit to participate in the camp and understand the choice to participate brings assumptions of risks inherent to this activity.

I agree that Tr'ondëk Hwëch'in, their employees or volunteers shall not be liable for any injury, damage or loss of property incurred to my person or that of my son or daughter arising from or in any way resulting from participation in the: above mentioned camp.

I declare, having read, and understood the above informed consent agreement in its entirety, and hereby give my consent to participants acknowledging all the foregoing.

Name of  
Participant \_\_\_\_\_

Signature of  
Participant \_\_\_\_\_

Parent or Guardian  
Signature \_\_\_\_\_

Witness \_\_\_\_\_



## Participant Medical and Personal Information

Name of Participant: \_\_\_\_\_ DOB DD/MM/YY

Address and Phone Number: \_\_\_\_\_

Participant's Yukon Health Insurance # \_\_\_\_\_

Please list any known injuries, allergies, or medical conditions we should be aware of including, asthma, diabetes, back pain, etc. \_\_\_\_\_

\_\_\_\_\_

List any special diet requirements: \_\_\_\_\_

\_\_\_\_\_

List any required medication and dosage: \_\_\_\_\_

Parent/Guardian Name, Phone and Email: \_\_\_\_\_

\_\_\_\_\_

Emergency Contact Name and Phone: \_\_\_\_\_

I, the undersigned, hereby acknowledge all given medical information to be accurate in its entirety.

Signature of Participant \_\_\_\_\_

Parent or Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_

*The Tr'ondek Hwëch'in Heritage Department is collecting the personal information on this form for the purposes of medical emergency information about a youth attending a TH Culture Camp. Any information collected on this form will be used for the aforementioned purposes only. The collection of personal information on this form is authorized by section 21 of the TH Freedom of Information and Protection of Privacy Act (FIPPA). Information collected on this form will be retained by the Cultural Education Coordinator or designate for a period of one month after the completion of the TH Culture Camp. Questions about the information on this form can be addressed to the Cultural Education Coordinator or designate.*



## Positive Behavior Contract

The following is behavior participants must understand and adhere to:

- Participants are expected to conduct themselves with a positive attitude
- Participants are expected to follow the schedule and participate in all activities
- Any and all forms of substance use (including the use of tobacco, vapor, illicit drugs, and alcohol) will not be tolerated and will result in removal from the trip
- Respect for oneself, others and other's property is mandatory at all times.
- Engaging in any deliberate activities that risk the mental, physical, or emotional wellbeing of oneself, or anyone else will result in removal from the trip at the expense of the participant/parent/guardian.
- Any previous restrictions during Tr'ondek Hwëch'in programming, or restrictions resulting from inappropriate behavior during this trip will result in a ban of participation until further notice.
- Participants are expected to inform chaperones of personality conflicts and issues arising before they become a problem.

The Staff will take all precautions to ensure the safety of the participants in their care. Upon misconduct such as verbal abuse, bodily harm, destruction of another's property Tr'ondek Hwech'in staff has the right to send the youth participant home.

For the overall safety of all involved in this trip, this contract may be added to prior to departure by parents, guardians, participants, and chaperones. Please take the time to consider all behavior you feel would be inappropriate or would require disciplinary action. Parents and guardians are encouraged to discuss behavior exclusive to their child and note it below.

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PLEASE READ THE WHOLE INFORMATION PACKAGE BEFORE SIGNING BELOW.

The above statements are understood and agreed to by:

Participant \_\_\_\_\_ Date \_\_\_\_\_

Parent/guardian \_\_\_\_\_ Date \_\_\_\_\_

Supervisor \_\_\_\_\_ Date \_\_\_\_\_





## PHOTOGRAPHY RELEASE

**Name of Youth:** \_\_\_\_\_

**Dear Parent/Guardian - Photographs and video recordings of your son/daughter may be taken at:**

**Winter Camp, April 19-21, 2024**

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Your son/daughter's image (print or video) may be recorded during this activity and the following may apply:

- This image will be used by the Tr'ondëk Hwëch'in and affiliated Governments (Na Cho Nyak Dun, AANDC) in print or video documents that are used in professional workshops, used in web pages or used in newsletters.
- May be used in newspapers, magazines, television, social media platforms or shared with another government for promotional and/or educational purposes.
- In some cases, the youth may be identified.

Please check one of the following and return the signed form to the Tr'ondëk Hwëch'in Cultural Education Coordinator:

- I agree with my son/daughter's image being used in the manner(s) explained above and give my authorization to do so.
- I am not in agreement with the use of my son/daughter's image and do not give my authorization to do so.

Date: \_\_\_\_\_

Printed name of Parent/Guardian: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_